



## Moma's Cold Chicken Salad!

This is a modification of Grandmother Looney's wonderful chicken salad. She could look in her fridge and have nothing --- and in minutes have a gourmet meal; this is an example.

Serves 4, unless you're really hungry!

### INGREDIENTS:

1 cup Chicken breasts, diced  
1 cup Celery, chopped  
1 cup Grapes  
1 cup Onion, chopped  
1 cup Nuts (Pecans, Peanuts, Almonds, or Walnuts) - toasted  
Apples, optional  
Pineapple, optional  
1 cup Mayonnaise  
*or*  
½ cup Cool whip and ½ cup mayonnaise

## Grandmother's Cold Chicken Salad

Grandmother Looney was a grandmother like none other – the life of EVERY party! She could have barren cupboards and fridge, and in short order she would serve an elegant meal. (Christine, my cousin, and I have marveled for years! 'From where did this food come?' We had seen virtually no base ingredients.) Anyway, this elegant salad is REALLY named Edna's and Lou Esther's (her favorite sister) Chicken Salad Nursery Rhyme.

Serves 6

### INGREDIENTS

Sing the ingredients!

a cup chicken  
a cup chopped celery  
a cup grapes  
a cup nuts – we like toasting almonds in butter in a skillet  
a cup Mayo – not Miracle Whip

When Grandmother was feeling especially decadent, she mixed some Cool Whip and a squeeze of lemon to the mayo before adding to the salad.

### INSTRUCTIONS:

1. Either boil the chicken or brown.
2. Cut into 1" squares.
3. Chop the chicken into 1" squares.
4. Brown almonds.
5. Stir in dressings

### SERVING:

1. Serve on a bed of lettuce or in a sandwich

**ENJOY!**

Les'a Cole